

Christopher T. Plastaras, MD

Physician



Titles

Chief, Division of Musculoskeletal Rehabilitation

Director of the Penn Spine, Sports Musculoskeletal Clinical Fellowship

Assistant Professor of Physical Medicine and Rehabilitation at the Hospital of the University of Pennsylvania

Personal Statement

Recognized by Best Doctors in America 2009-2010, 2011-2012

Specialty

Board Certifications

Physical Medicine and Rehabilitation - Sports Medicine
Physical Medicine and Rehabilitation, 2001

Areas of Interest

- ▶ Achilles Tendonitis
- ▶ Ankle Pain
- ▶ Ankle Sprain
- ▶ Ankle Tendonitis
- ▶ Arthritis
- ▶ Back and Spinal Rheumatoid Arthritis
- ▶ Back Pain
- ▶ Bursitis
- ▶ Carpal Tunnel Syndrome
- ▶ Dance Injuries
- ▶ Disc Nucleoplasty (Percutaneous Discectomy)
- ▶ Discogram (Diskogram)
- ▶ Elbow Pain
- ▶ Elbow Tendonitis
- ▶ Exercise and the Elderly
- ▶ Flat Foot (Pes Planus)
- ▶ Fluoroscopy Guided Injection
- ▶ Foot Pain

(43) more...

For a complete list visit:
<http://www.pennmedicine.org>

Educational Background

Medical School: University of Pennsylvania School of Medicine

Residency: Albert Einstein Medical Center

Residency: Northwestern Memorial Hospital

Memberships

American Academy of Physical Medicine and Rehabilitation , National
Association of Academic Physiatrists, National
Association of Academic Physiatrists, National
Fitness Formula Clubs Medical Advisory Board
Chicago, IL, Local
May 15-16, 2010 National Council on Strength and Fitness Wyndham Miami Airport Hotel Miami, FL , National
National Council of Strength & Fitness Certification Agency , National
North American Spine Society, National
Penn Center for Musculoskeletal Disorders, 1/2014, Local
Spinal Intervention Society, International
TLG Research Associates Annual study to assess injured workers' access to quality medical care; commissioned by the Commonwealth of Pennsylvania , Local
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Practice Locations

Penn Physical Medicine and Rehabilitation

Penn Medicine Rittenhouse
1st Floor
1800 Lombard Street
Philadelphia, PA 19146
800-789-7366 (PENN)

A facility of the Hospital of the University of Pennsylvania

Dr. Plastaras is a Penn Medicine employed physician.